



SUSAN G. KOMEN RACE FOR THE CURE®

5K RUN/WALK • 1 MILE FAMILY WALK

SUNDAY, SEPTEMBER 26, 2010 - 2:00 START

Hooper Eblen Center on Tennessee Tech Campus, Cookeville, TN



REGISTER ONLINE TODAY!

www.komenuppercumberland.org

Our Promise

Our Promise is to save lives and end breast cancer forever by empowering people, ensuring quality care for all and energizing science to find the cures.

About Susan G. Komen for the Cure

Nancy G. Brinker promised her dying sister, Susan G. Komen, she would do everything in her power to end breast cancer forever. In 1982, that promise became Susan G. Komen for the Cure, now the world's largest breast cancer organization and the largest source of nonprofit funds dedicated to the fight against breast cancer with nearly \$1.5 billion invested to date. For more information about Susan G. Komen for the Cure, breast health or breast cancer, visit www.komen.org or call 1-877 GO KOMEN.

The Upper Cumberland Affiliate of Susan G. Komen for the Cure® was founded in 2006 when a group of volunteers vowed to improve breast health in the Upper Cumberland through education and advocacy. **More than \$300,000 has already been raised** through fund-raising events and distributed to local organizations through grants.

Survivors are the stars of Komen Race for the Cure and an inspiration to us all. Breast cancer survivors who wish to be recognized may pick up their complimentary pink cap and pink t-shirt provided by Zeta Tau Alpha. Participants are also invited to recognize those special people who have been touched by breast cancer.

'In Celebration Of' & 'In Memory Of' Back Signs

Participants are also invited to recognize those special people who have been touched by breast cancer. "In Memory of" and "In Celebration of" back signs are available for all Race participants. Zeta Tau Alpha is the National Sponsor of the Breast Cancer Survivor Recognition Program.

How does a 5K race make a huge impact on the movement to end breast cancer forever?

Through the fundraising efforts of every participant.

You don't need to be a fundraising expert in order to be successful at it—you just need the desire to stand up to breast cancer and make a difference. Did you know that participants who fundraised last year—people just like you—raised a total of \$108,000. This year we're counting on you to aim even higher! Together, we will reach our \$125,000 fundraising goal.

Remember: Every dollar makes an impact.

The race starts 2:00 p.m. at the Hooper Eblen Center on TN Tech Campus, Cookeville, TN. Race Packets will be mailed to participants who register prior to September 10th.

Schedule/General Information

11:00 am - 1:00 pm	Registration/Late Packet Pick Up
11:00 am	Survivor Luncheon
1:00 pm	Survivor Recognition Ceremony
1:30 pm	Aerobic Warm -Up
2:00 pm	5K Run/Walk
2:15 pm	1 mile walk
3:30 pm	Awards Ceremony

Safety

For the safety of all participants, rollerblades and pets are discouraged from participating in this event. Thank you for your cooperation.

Late Registration

WHEN: September 25th from 8:00 a.m. to 5:00 p.m.
WHERE: Alexander Ford-Lincoln-Mercury of Cookeville - 1600 Interstate Drive

Cancellation Statement

This event will occur rain or shine. We reserve the right to cancel in extreme circumstances. In that event, there will be no refunds, rather, your entry fee will be used as a donation to the Komen Upper Cumberland Race for the Cure®.

Register at www.komenuppercumberland.org

BEFORE GETTING STARTED...

- For fast and secure processing, you may register online at www.komenuppercumberland.org.
- Please print clearly and complete all sections.
- One person per registration form.

CONTACT INFORMATION

First: _____ MI: _____ Last: _____

Email Address: _____

Address: _____

City: _____ State: _____ Zip: _____

Home Phone: (_____) _____ - _____

Cell Phone: (_____) _____ - _____

Date of Birth: _____ Gender: F _____ M _____

T-shirt size (Circle One): Adult: S M L XL 2XL 3XL Youth: S (6-8) MED (10-12) LG (14-16)

Hanes is the Official T-shirt of the Susan G. Komen Race for the Cure®

TYPE OF ENTRY

- Individual

What is your individual fundraising goal? \$ _____

- Team

Team Name: _____

Captain's Name: _____

Phone number: _____

What is your team fundraising goal? \$ _____

ENTRY CATEGORY (check one)

- 5K Run/Walk
 1 Mile Family Fun Run
 Sleep in for the Cure

BREAST CANCER SURVIVOR?

- Yes, I would like to be recognized as a breast cancer survivor by receiving a complimentary pink cap and T-shirt.

PAYMENT

- Regular Registration (after 9-24-2010)* \$ 30.00
 Survivor \$ 25.00
 Youth up to 14 \$ 15.00
 Chip Timing \$ 5.00
 Sleep in for the Cure \$ 30.00
 Add a tax deductible donation \$ _____

TOTAL AMOUNT ENCLOSED

\$ _____

*After 9-24-2010 add \$10.

METHOD OF PAYMENT:

- Enclosed check made payable to: **Komen Upper Cumberland Race for the Cure**

Mail complete entry form, entry fees and donations to:
Komen Upper Cumberland Race for the Cure
1 South Jefferson, Suite 205
Cookeville, TN 38501

- Credit/Debit Card (Please provide additional information below)

Visa/MC/Discover/AMEX Account Number: _____

Exp. Date: _____ / _____

Verification Code: _____ (3 or 4 digit code printed on card)

Name of Cardholder: _____

Billing Address: _____

Cardholder Signature: _____

PLEASE READ AND SIGN BELOW

PHOTOGRAPHIC AND RESULTS RELEASE and WAIVER AND RELEASE OF CLAIMS

I AGREE THAT ANY AND ALL REPRESENTATIONS MADE AND RELEASES, WAIVERS, COVENANTS, CONSENTS AND PERMISSIONS GIVEN BY ME HEREUNDER ARE GIVEN ON BEHALF OF ME AND ANY AND ALL OF MY MINOR CHILDREN OR PERSONS OVER WHOM I HAVE GUARDIANSHIP PARTICIPATING IN OR ATTENDING THE EVENT.

I give my consent and permission to The Susan G. Komen Breast Cancer Foundation, Inc. d/b/a Susan G. Komen for the Cure ("Komen"), its affiliates and races, their sponsors and corporate sponsors, their successors, licensees, and assigns the irrevocable right to use, for any purpose whatsoever and without compensation, (i) any photographs, videotapes, audiotapes, or other recordings of me that are made during the course of this event (the "Event"); and (ii) the results of my participation in this Event (e.g., race time, name, participant number).

I understand that (i) my consent to these provisions is given in consideration for being permitted to participate in this Event; (ii) that I may be removed from this competition if I do not follow all the rules of this Event; and (iii) I am a voluntary participant in this Event. I am in good physical condition and am solely responsible for my personal health, safety and personal property.

I KNOW THAT THIS EVENT IS A POTENTIALLY HAZARDOUS ACTIVITY AND I HEREBY VOLUNTARILY ASSUME FULL AND COMPLETE RESPONSIBILITY FOR, AND THE RISK OF, ANY INJURY OR ACCIDENT THAT MAY OCCUR DURING MY PARTICIPATION IN THIS EVENT OR WHILE ON THE EVENT PREMISES (COLLECTIVELY, "MY PARTICIPATION"). TO THE FULLEST EXTENT OF THE LAW, I, FOR MYSELF, MY NEXT OF KIN, MY HEIRS, ADMINISTRATORS, AND EXECUTORS (COLLECTIVELY, "RELEASEES"), HEREBY RELEASE AND HOLD HARMLESS AND COVENANT NOT TO FILE SUIT AGAINST (I) KOMEN AND ITS AFFILIATES AND THEIR RESPECTIVE DIRECTORS, OFFICERS, VOLUNTEERS, AGENTS AND EMPLOYEES; (II) ANY EVENT SPONSORS; AND (III) ALL OTHER PERSONS OR ENTITIES ASSOCIATED WITH THIS EVENT (COLLECTIVELY, THE "RELEASEES"), FOR ANY INJURY OR DAMAGES I MIGHT SUFFER IN CONNECTION WITH MY PARTICIPATION. THIS RELEASE APPLIES TO ANY AND ALL LOSSES, LIABILITIES, OR CLAIMS I OR MY RELEASEES MAY HAVE ARISING OUT OF MY PARTICIPATION, INCLUDING BUT NOT LIMITED TO, PERSONAL INJURY OR DAMAGE SUFFERED BY ME OR OTHERS, WHETHER SUCH LOSSES, LIABILITIES, OR CLAIMS BE CAUSED BY FALLS, CONTACT WITH AND/OR THE ACTIONS OF OTHER PARTICIPANTS, CONTACT WITH FIXED OR NON-FIXED OBJECTS, CONTACT WITH ANIMALS, CONDITIONS OF THE EVENT PREMISES, NEGLIGENCE OF THE RELEASEES, RISKS NOT KNOWN TO ME OR NOT REASONABLY FORESEEABLE AT THIS TIME, OR OTHERWISE.

This Photographic and Results Release and Waiver and Release of Claims (collectively, the "Release") shall be construed under the laws of the District of Columbia. In the event any provision of this Release is deemed unenforceable by law, (i) Komen shall have the right to modify such provision to the extent necessary to be deemed enforceable; and (ii) all other provisions of this Release shall remain in full force and effect.

I understand that I have given up substantial rights by signing this Release, and have signed it freely and voluntarily without any inducement, assurance or guarantee being made to me and intend my signature to be a complete and unconditional release of liability to the greatest extent allowed by law.

Participant's Name _____

Participant's Signature (or Parent/Guardian, if under 18) _____

Date _____

Register at www.komenuppercumberland.org